

SEPTEMBER



SABETHA COMMUNITY HOSPITAL OUTPATIENT SERVICES

2020

S	M	T	W	T	F	S
<p>Occupational Therapy Mon.-Fri. Cynthia Hill, OTR</p> <p>Surgical Clinic By Appt. Rod Warren, MD Gary Sinning, MD</p>	<p>Speech Pathology Mon.-Fri. RESTORE</p> <p>Physical Therapy Mon.-Fri. 8 a.m.-5 p.m. Brian Voos, PT Rachel Lemons, DPT</p>	<p>1</p> <p>Gastroenterology Balaji Datti, MD</p> <p>Diabetic Education Lori Menold, RN, CDE</p> <p>Registered Dietician Ann Wassenberg, RDN, LD</p>	<p>2</p> <p>OB/GYN Jeffrey Teply, MD</p> <p>Surgery Gary Sinning, MD</p> <p>Nuclear Medicine MRI</p>	<p>3</p> <p>Dermatology Kelcie Strecker, PA</p>	<p>4</p>	<p>5</p>
<p>6</p>	<p>7</p> <p>LABOR DAY</p>	<p>8</p> <p>Urology Alfredo Iloreta, MD</p> <p>Diabetic Education Lori Menold, RN, CDE</p> <p>Registered Dietician Ann Wassenberg, RDN, LD</p>	<p>9</p> <p>Podiatry Steven Sitek, DPM</p> <p>Nephrology Karen Solcher, APRN</p> <p>MRI</p>	<p>10</p> <p>Oncology David Einspahr, MD</p> <p>Pain Management Guy Giroux, MD</p> <p>Orthopedics Michael McCoy, MD</p> <p>Nuclear Treadmill Test</p>	<p>11</p> <p>Cardiology Kevin Bernd, DO</p>	<p>12</p>
<p>13</p>	<p>14</p> <p>Cardiology Craig Gernon, MD</p> <p>Surgery Rod Warren, MD</p> <p>MRI</p> <p>Kanza Mental Health</p>	<p>15</p> <p>Urology Kris Carlson, MD</p> <p>Diabetic Education Lori Menold, RN, CDE</p> <p>Registered Dietician Ann Wassenberg, RDN, LD</p>	<p>16</p> <p>Pulmonology Michelle Warren, APRN</p> <p>Cardiology Tonya Stallbaumer, APRN</p> <p>Nephrology Lakshmi Duvvur, MD</p> <p>Nuclear Medicine MRI</p>	<p>17</p> <p>Neurology Abra Woolard, APRN</p> <p>Orthopedics Michael McCoy, MD</p> <p>Cardiology Bashar Amr, MD</p>	<p>18</p>	<p>19</p>
<p>20</p>	<p>21</p> <p>Nephrology Keelyn Ericson, MD</p> <p>Ophthalmology William Burr, MD</p> <p>Surgery Rod Warren, MD</p> <p>MRI</p> <p>Kanza Mental Health</p>	<p>22</p> <p>Urology Kris Carlson, MD</p> <p>Endocrinology Kelly Bradbury, APRN</p> <p>Diabetic Education Lori Menold, RN, CDE</p> <p>Registered Dietician Ann Wassenberg, RDN, LD</p>	<p>23</p> <p>Podiatry Steven Sitek, DPM</p> <p>Cardiology Arnold Graham, MD</p> <p>MRI</p>	<p>24</p> <p>Pain Management Guy Giroux, MD</p> <p>Orthopedics Michael McCoy, MD</p> <p>Nuclear Treadmill Test</p>	<p>25</p> <p>Urology Brad Rupp, MD</p>	<p>26</p>
<p>27</p>	<p>28</p> <p>Surgery Rod Warren, MD</p> <p>MRI</p> <p>Kanza Mental Health</p>	<p>29</p> <p>Ear, Nose & Throat Douglas Barnes, MD Mel Setter, PA</p> <p>Diabetic Education Lori Menold, RN, CDE</p> <p>Registered Dietician Ann Wassenberg, RDN, LD</p>	<p>30</p> <p>Cardiology Craig Gernon, MD</p> <p>MRI</p>	<p>Digital Mammography By Appointment</p> <p>Cardiac Rehab Linda Huestis, RN</p>	<p>Diabetic Education and Dietary Consultations call SCH Outpatient Dept. for information</p> <p>Infusion Therapy Available Call 785-284-1529</p>	

For more information call 785-284-2121

COMING IN OCTOBER...

Dr. Rachel Allen

Sabetha Community Hospital is pleased to announce that Dr. Rachel Kennally Allen will join Drs. Kevin Kennally, Gregg Wenger, James Longabaugh, Christian Tramp, Natalie Frye and Beth Kroll, APRN-BC at Sabetha Family Practice beginning in October 2020. She will be providing the full range of family medicine services. Dr. Allen is an alumna of Sabetha High School and the University of Kansas, Wichita. Both Dr. Allen and Dr. Frye will begin accepting patients October 5, 2020. To make an appointment with Dr. Allen you may call Sabetha Family Practice at 785-284-2141.



Dr. Natalie Frye

Sabetha Community Hospital is pleased to announce that Dr. Natalie Frye will join Drs. Kevin Kennally, Gregg Wenger, James Longabaugh, Christian Tramp, Rachel Kennally Allen and Beth Kroll, APRN-BC at Sabetha Family Practice in October of 2020. She will be providing the full range of family medicine services. Dr. Frye is an alumna of University of Kansas, Wichita and was a classmate of Dr. Rachel Kennally Allen. Both Dr. Frye and Dr. Allen will begin accepting patients October 5, 2020. To make an appointment with Dr. Frye, call Sabetha Family Practice at 785-284-2141.



FACTS ABOUT HAND WASHING

Studies about the prevalence of bacteria on hands and common items may be cause for paranoia. But remember: Not all bacteria is harmful, and even the vast majority of harmful bacteria is too weak to sicken someone with a healthy immune system. That being said, it helps to remember that not everyone has a healthy immune system. Hand washing is not just an act of personal health, but one of public health.

- Hand washing is the most effective and inexpensive way to prevent the spread of infectious diseases.
- 1 in 6 mobile phones, and as much as 94% of dollar bills have been found to be contaminated
- On average, only 38.7% of households practice hand washing with soap.
- Research on bathroom habits has shown that 95% of people don't wash correctly.
- Hand washing can reduce the mortality rates of respiratory and diarrheal diseases in children by almost 50%.
- In the United States, there are 48 million cases of foodborne illness per year.

What Does Hand Washing Fight Against?

Hand washing seems like a small act, but the diseases it can prevent are numerous. These illnesses are incredibly contagious, and can include: influenza, respiratory infections, diarrheal illnesses, foodborne illnesses, MRSA, eye infections, strep throat, Covid 19 and impetigo.

When To Wash Your Hands

You should wash your hands before and after handling food, visiting or caring for someone with an illness, treating a wound, eating or feeding a child. You should also wash your hands after blowing your nose, coughing, sneezing, contact with any other bodily fluids, touching an animal (it's waste or food), using the toilet, changing a diaper, handling garbage or if hands become visibly dirty. For a daily act, hand washing often seems to be inadequately practiced and understood. Studies by health organizations have regularly confirmed that people wash their hands improperly, most often for too little time or with too little attention to all the parts of our hands.

How To Properly Wash Your Hands.

The most effective hand washing method is to wet your hands with running water and apply soap. Rub your hand together to make a lather and continue rubbing them for at least 20 seconds. (This would equal singing Happy Birthday twice), Rinse your hands under running water and dry them using a clean towel or paper towel. Getting into the habit of proper hand washing early helps to create a good habit that will help children stay healthy, particularly while young and prone to sickness. Remember, Wash your hands not only for you, but for others around you.

From the Infection Control Department at Sabetha Community Hospital



MEDICAL STAFF
Kevin Kennally, MD
Gregg Wenger, MD
James Longabaugh, DO
Christian Tramp, MD
Beth Kroll, APRN
Susan Lueger, APRN
Sheri Wessel, PA

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